

First Baptist Christian Academy
July 2010

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| | | | 1 | 2 |
| Alternate Choice: Ham & Cheese | | | | |
| | | | Pancakes w/Syrup Oven Roasted Potatoes Sausage Links Blueberry Yogurt | Hamburger on Wheat Bun Krinkle Cut Fries Green Beans Apple Wedges |
| 5 | 6 | 7 | 8 | 9 |
| Alternate Choice: PBJ (Strawberry Jelly) | | | | |
| ALL FACILITIES CLOSED 4 th of July Holiday | Macaroni & Cheese Honey Carrot Coins Pears | Turkey Bacon Melt Cheese-It Party Mix Strawberry Yogurt | BIRTHDAY PARTY Chicken Patty w/Roll Mashed Potatoes w/Gravy Green Beans Birthday Cake | Crunchy Fish Strips Cheddar Biscuit Rice Brownie |
| 12 | 13 | 14 | 15 | 16 |
| Alternate Choice: Bologna & Cheese | | | | |
| PIZZARIA DAY Homemade Pepperoni Pizza Salad w/Cheese Whole Fruit Juice Bar | Chicken Cheese Quesadilla Golden Corn Vanilla Ice Cream | Cheese Burger on Wheat Bun Seasoned Curly Fries Chocolate Pudding | Baked Tilapia w/Roll California Veggies Applesauce | Ultimate Grilled Cheese Green Beans Pineapple |
| 19 | 20 | 21 | 22 | 23 |
| Alternate Choice: PBJ (Grape Jelly) | | | | |
| Curly Pasta in Alfredo Sauce Salad w/Cheese Baby Carrots Chocolate Ice Cream | Grilled Cheese Pretzel Seasoned Curly Fries Celery w/Ranch Dip Watermelon | COOKIE DAY Mini Corn Dogs Green Beans French Fries Chocolate Chip Cookie | Hamburger on Wheat Bun Crusty Macaroni & Cheese Jell-O | Cinnamon Sugar French Toast Sausage Patty Oven Roasted Potatoes Fruit Cocktail |
| 26 | 27 | 28 | 29 | 30 |
| Alternate Choice: Turkey & Cheese | | | | |
| Chicken Strips w/ Roll Baby Carrots w/Ranch Dip Vanilla Pudding | Rotisserie Chicken Salad w/Cheese Fresh Fruit Salad | Macho Nachos Rice Green Beans Bomb Pop! | Spaghetti w/Meatballs Salad w/Cheese Garlic Bread Fruit Juice Bar | Hot Dog on Wheat Bun Green Beans Cottage Cheese Pineapple |

Each day there is one hot entrée plus the PBJ, Salad Bar or Deli Sandwich choice.

Daily Drink Choices: 100% Juice or 1% Low Fat Milk.

REMINDER: If your child arrives after 9:15 a.m. the lunch choices will be PBJ or the Alternate Deli Sandwich.